

BOWLAND

FOOD HALL

INSPIRED RECIPES



Kids Tasty Tomato Pasta

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Kids Tasty Tomato Pasta

Prep Time 2 Mins | Cook time 10 Mins | Serves 2 people

INGREDIENTS

1 x Mr Organic Italian,
Kids Veggie Sauce

1 x Packet of Organic Kids
Pasta shapes

Handful of cherry
Tomatoes & Spinach
(Frozen veg such as peas &
sweetcorn works great too!)



METHOD

1. Bring a small saucepan of water to the boil, add one cup of pasta per child.
2. When the pasta is cooked through add the pasta sauce, halved cherry tomatoes & spinach.
3. Bring to the boil.
4. Reduce the heat and simmer for 3-4 minutes, then serve!
5. Great with a sprinkle of grated cheese!

*No added salt or sugar,
looks & tastes great!*



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