



BOWLAND

FOOD HALL

COFFEE

	<i>Small</i>	<i>Large</i>
MACCHIATO	£1.75	£2.00
CAPPUCCINO	£2.45	£2.70
LATTE	£2.40	£2.70
AMERICANO	£2.30	£2.60
MOCHA	£2.70	£3.00
HOT CHOCOLATE	£2.40	£2.70
ESPRESSO	£1.70	£2.00
ESPRESSO CON PANNA	£2.95	
CORTADO	£2.10	
FLAT WHITE	£2.50	
SYRUP SHOT	£0.50	
BAILEYS SHOT	£3.00	
COINTREAU SHOT	£3.00	

• TEA •

Exchange Teas
(cf) caffeine free

	<i>for 1</i>
ENGLISH BREAKFAST	£2.50
DECAF ENGLISH BREAKFAST	£2.50
EARL GREY	£2.50
GUNPOWDER GREEN TEA (cf)	£2.50
PEPPERMINT GREEN TEA (cf)	£2.50
STRAWBERRY & KIWI (cf)	£2.50
FRUIT INFUSION	
FRUIT PUNCH	£2.50

CAKES

FROM £1.95

Ask your server for today's selection of freshly baked cakes, cheesecakes and pastries.

SMOOTHIES

GLASS 4.95

INDULGENCE

Pineapple, coconut milk, banana, coconut flakes

PROTEIN POWERHOUSE

Banana, peanut butter, cacao, honey, almond milk

ANTIOXIDANT

Berries, banana, almond milk, oats, goji berries

CLEANSER

Pineapple, banana, orange, lemon

SOOTHER

Pineapple, mango, coconut milk, ginger, lemon

JUICES

GLASS 4.95

GINGER BLAST

Apples, carrots, lemon, ginger

ENERGISER

Beetroot, carrots, apple, orange

GREEN MACHINE

Apple, spinach, courgette, lime

SUNSHINE KICK

Carrots, sweet potato, pineapple, ginger

• SOFT DRINKS •

SAN PELLEGRINO 250ml	£2.30
ACQUA PANNA 250ml	£2.30
SAN PELLEGRINO CAN 330ml	£1.50
Blood Orange / Lemon / Lime / Orange	
COKE Btl 330ml	£2.35
DIET COKE Btl 330ml	£2.35
FENTIMANS 275ml	£1.65
Dandelion and Burdock	
Victorian lemonade / Mandarin and seville orange jigger / Ginger beer	
Cherry cola / Curiosity cola / Rose lemonade	
FRESHLY SQUEEZED ORANGE	£1.95
FRESH APPLE	£1.50

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RED WINE

MURIEL RESERVA RIOJA 2014		
125ml £4.25	175ml £6.00	250ml £8.00
SANTIAGO PINOT NOIR 2016		
125ml £3.50	175ml £5.00	250ml £7.00
LISTENING STATION MALBEC		
125ml £4.25	175ml £5.50	250ml £7.00
SIXTY CLICKS SHIRAZ		
125ml £3.50	175ml £4.95	250ml £6.95
COTES DU RHONE		
125ml £4.75	175ml £6.25	250ml £8.00

WHITE WINE

MARAY VIOGNIER GRAN RESERVA		
125ml £3.50	175ml £4.95	250ml £6.95
PIATTINI PINOT GRIGIO		
125ml £4.00	175ml £5.50	250ml £7.00
HELTER SKELTER CHARDONNAY		
125ml £3.50	175ml £4.95	250ml £7.00
WANDERLUST N.Z SAV BLANC		
125ml £4.00	175ml £5.50	250ml £7.00
DRY LANDS CHENIN BLANC		
125ml £4.25	175ml £6.00	250ml £8.00

Fancy a bottle?

CHOOSE ANY OFF THE SHELF AND
ADD £6 CORKAGE TO ENJOY HERE!

ROSÉ WINE

PASIÓN DE BOBAL ROSADO		
125ml £4.00	175ml £5.50	250ml £7.00
CHEVAL GRIS GRENACHE		
125ml £4.00	175ml £5.50	250ml £7.00

SPARKLING

MINI ITALIA PROSECCO	
200ml £6.00	
CASA BURTI FLUTE ROSÉ	
Glass £5.00	

BEER, LAGER & CIDER

SAN MIGUEL	£3.50
ESTRELLA INEDIT	£4.00
HEN HARRIER	£3.50
BUSTER IPA	£3.50
PHEASANT PLUCKER	£3.50
DEER STALKER	£3.50
BOXER BLONDE	£3.50
REKORDERLIG	£3.50
Wild Berry / Pear	
REKORDERLIG	£3.00
Non alcoholic	

