



BOWLAND

FOOD HALL

COFFEE

	<i>Small</i>	<i>Large</i>
MACCHIATO	£1.75	£2.00
CAPPUCCINO	£2.45	£2.70
LATTE	£2.40	£2.70
AMERICANO	£2.30	£2.60
MOCHA	£2.70	£3.00
HOT CHOCOLATE	£2.40	£2.70
ESPRESSO	£1.70	£2.00
ESPRESSO CON PANNA	£2.95	
CORTADO	£2.10	
FLAT WHITE	£2.50	
SYRUP SHOT	£0.50	
BAILEYS SHOT	£3.00	
COINTREAU SHOT	£3.00	

FRAPPÉ COFFEE £3.25
Please ask for flavours

• TEA •

Exchange Teas
(cf) caffeine free

	<i>for 1</i>
ENGLISH BREAKFAST	£2.50
DECAF ENGLISH BREAKFAST	£2.50
EARL GREY	£2.50
GUNPOWDER GREEN TEA (cf)	£2.50
PEPPERMINT GREEN TEA (cf)	£2.50
STRAWBERRY & KIWI (cf)	£2.50
FRUIT INFUSION	
FRUIT PUNCH	£2.50

CAKES

FROM £1.95

Ask your server for today's selection
of freshly baked cakes, cheesecakes
and pastries.

SMOOTHIES

GLASS 4.95

INDULGENCE	Pineapple, coconut milk, banana, coconut flakes
PROTEIN POWERHOUSE	Banana, peanut butter, cacao, honey, almond milk
ANTIOXIDANT	Berries, banana, almond milk, oats, goji berries
CLEANSER	Pineapple, banana, orange, lemon
SOOTHER	Pineapple, mango, coconut milk, ginger, lemon

JUICES

GLASS 4.95

GINGER BLAST	Apples, carrots, lemon, ginger
ENERGISER	Beetroot, carrots, apple, orange
GREEN MACHINE	Apple, spinach, courgette, lime
SUNSHINE KICK	Carrots, sweet potato, pineapple, ginger

• SOFT DRINKS •

SAN PELLEGRINO 250ml	£2.30
ACQUA PANNA 250ml	£2.30
SAN PELLEGRINO CAN 330ml	£1.50
Blood Orange / Lemon / Lime / Orange	
COKE Btl 330ml	£2.35
DIET COKE Btl 330ml	£2.35
FENTIMANS 275ml	£1.65
Dandelion and Burdock	
Victorian lemonade / Mandarin and seville orange jigger / Ginger beer	
Cherry cola / Curiosity cola / Rose lemonade	
FRESHLY SQUEEZED ORANGE	£1.95
FRESH APPLE	£1.50

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RED WINE

MURIEL RESERVA RIOJA 2014
125ml £4.25 175ml £6.00 250ml £8.00

SANTIAGO PINOT NOIR 2016
125ml £3.50 175ml £5.00 250ml £7.00

LISTENING STATION MALBEC
125ml £4.25 175ml £5.50 250ml £7.00

SIXTY CLICKS SHIRAZ
125ml £3.50 175ml £4.95 250ml £6.95

COTES DU RHONE
125ml £4.75 175ml £6.25 250ml £8.00

WHITE WINE

MARAY VIOGNIER GRAN RESERVA
125ml £3.50 175ml £4.95 250ml £6.95

PIATTINI PINOT GRIGIO
125ml £4.00 175ml £5.50 250ml £7.00

HELTER SKELTER CHARDONNAY
125ml £3.50 175ml £4.95 250ml £7.00

WANDERLUST N.Z SAV BLANC
125ml £4.00 175ml £5.50 250ml £7.00

DRY LANDS CHENIN BLANC
125ml £4.25 175ml £6.00 250ml £8.00

Fancy a bottle?

CHOOSE ANY OFF THE SHELF AND
ADD £6 CORKAGE TO ENJOY HERE!

ROSÉ WINE

PASIÓN DE BOBAL ROSADO
125ml £4.00 175ml £5.50 250ml £7.00

CHEVAL GRIS GRENACHE
125ml £4.00 175ml £5.50 250ml £7.00

SPARKLING

MINI ITALIA PROSECCO
200ml £6.00

CASA BURTI FLUTE ROSÉ
Glass £5.00

BEER, LAGER & CIDER

SAN MIGUEL	£3.50
ESTRELLA INEDIT	£4.00
HEN HARRIER	£3.50
BUSTER IPA	£3.50
PHEASANT PLUCKER	£3.50
DEER STALKER	£3.50
BOXER BLONDE	£3.50
REKORDERLIG Wild Berry / Pear	£3.50
REKORDERLIG Non alcoholic	£3.00

